

USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 05-11-07)

Visit us at www.fns.usda.gov/fdd

B884 – PUDDING, CANS, VANILLA, SINGLE SERVE, 3.25 OZ

CATEGORY	<ul style="list-style-type: none"> Other Foods
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> Vanilla pudding is shelf stable and packaged in a 3.25 oz ready-to-eat, single serve can (unit) with aluminum pull-tab tops.
PACK/YIELD	<ul style="list-style-type: none"> 48/3.25 oz units per case. Each individual unit provides 3.25 oz (by weight) of pudding. CN Crediting: This product does not meet crediting requirements for food-based menu planning for Child Nutrition Programs.
STORAGE	<ul style="list-style-type: none"> Store unopened pudding cans in a cool, dry place off the floor. For best quality, do not refrigerate or freeze or expose to direct sunlight. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.



Nutrition Information

Pudding, cans, vanilla

	3.25 oz can (92 g)
Calories	120
Protein	2.12 g
Carbohydrate	20.27 g
Dietary Fiber	0 g
Sugars	18.61 g
Total Fat	3.32 g
Saturated Fat	1.39 g
Trans Fat	N/A
Cholesterol	6 mg
Iron	0.12 mg
Calcium	81 mg
Sodium	124 mg
Magnesium	7 mg
Potassium	104 mg
Vitamin A	19 IU
Vitamin A	6 RAE
Vitamin C	0 mg
Vitamin E	0 mg



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PREPARATION/ COOKING INSTRUCTIONS	<ul style="list-style-type: none">• Pudding is ready to eat once can (unit) is opened.
USES AND TIPS	<ul style="list-style-type: none">• Pudding may be used as a snack or dessert.
FOOD SAFETY INFORMATION	<ul style="list-style-type: none">• Consume pudding upon opening.
BEST IF USED BY GUIDANCE	<ul style="list-style-type: none">• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm.• For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf.

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